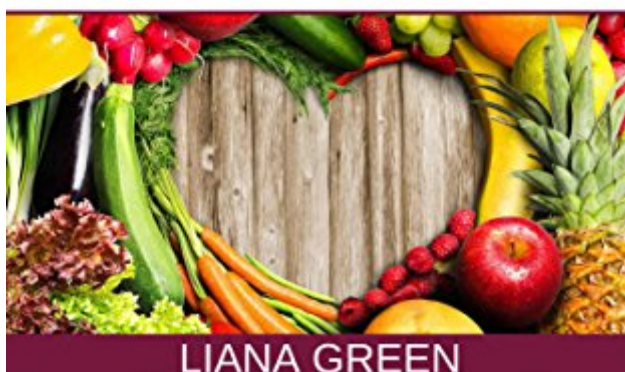


The book was found

Nutri Ninja Recipe Book: 70 Smoothie Recipes For Weight Loss, Increased Energy And Improved Health (Nutri Ninja Recipes Book 1)



NUTRI NINJA *Recipe Book* **70 Smoothie Recipes**



Synopsis

Nutri Ninja Recipe Book - 70 Smoothie Recipes for Weight Loss, Increased Energy and Improved Health
The Nutri Ninja Pro Blender is a powerful 900 watt blender capable of extracting nutrients and vitamins. Capable of blending all fruits and vegetables whilst crushing ice, seeds and skins to create delicious smoothies for you to enjoy.
Why Read The Nutri Ninja Recipe Book?
• Increase your energy levels and feel great about yourself
• Improve your health
• Perform better in workouts and sporting events
• “ reach peak fitness
• Look amazing with clear skin, vibrant eyes and be your perfect weight
• Live the life you deserve
• “ wake up in the morning with endless energy!
Make the very same recipes I have researched and tested out to;
• Lose weight and look great
• Train for a marathon
• Improve my children’s health by getting them to drink nutrient rich smoothies. I never dreamt they would be consuming spinach, kale and avocados on a daily basis, and enjoying it!
What Recipes Are Included?
With chapters dedicated to weight loss, increased energy, sports drinks, clearer skin, a healthier heart, superfood smoothies, natural remedies, breakfast smoothies, smoothies for kids, there is something for everyone.
The following are a small taster of the 70 smoothie recipes included in the Nutri Ninja Recipe Book;
Berry Peachy Chocolate Velvet Vitamin Vrrrooom Purple Punch Mango Tango The Beetroot Bolt Brazilian Beauty Peachy Lemonade The Anti-Sneeze The Pick Me Up

Book Information

File Size: 708 KB

Print Length: 124 pages

Page Numbers Source ISBN: 1511491639

Simultaneous Device Usage: Unlimited

Publication Date: February 2, 2015

Sold by:Â Digital Services LLC

Language: English

ASIN: B00T58GC3M

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #87,963 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #12 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Cooking by Ingredient > Fruits #18 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Drinks & Beverages > Non-Alcoholic #19 in Books > Cookbooks, Food & Wine > Kitchen Appliances > Blenders

Customer Reviews

Fantastic basic book with wonderful recipes! The recipes are sorted by type, depending on what you want your shakes to do for you (high protein/post-workout, weight loss, detox, etc.). Well organized book.

Interesting to thumb thru the pages, but range of unusual ingredients is a little overwhelming. Best to go by your own taste and instincts to make up your own ingredient list.

Item as described. Great product

I was not really happy with this book; I thought it was a companion book to the Nutri Ninja blender but it is not.

Great way to start out using the Ninja.

Excellent price.

Bought this with the Nutri Ninja, and has some really good recipes in it!

Good recipes

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